



MENU

Meal Deals

CC Toasted Ham & Cheese Sandwich & Flavoured Milk Popper	\$6.00
Chicken Burger & Flavoured Milk	\$7.00
Sausage Roll & Flavoured Milk	\$6.00
CC Spaghetti & Flavoured Milk	\$7.00
CC Salad Box & 600ml Water	\$6.00
Sushi Bowl & 600ml Water	LG \$8.00 SML \$6.00

Hot Food

Chicken Burger (Patty, lettuce, tomato, beetroot, mayo)	\$5.50
Cheese Burger (patty, lettuce, tomato, beetroot & sauce)	\$5.50
CC Spaghetti Bolognese	\$5.00
Gourmet Chicken Burger (Chicken, baby spinach, avocado, hollandaise)	\$7.00
Chicken Wrap	\$6.00
Mini Burrito (taco mince & cheese wrap)	\$3.50
Mini Chicken Wrap (Chicken Strip, Lettuce, Aioli, Sweet chilli, cheese)	\$3.50
Sausage Roll	\$3.00

CC Chicken Quesadilla (Chicken, Cheese, sweet chilli sauce Toasted)	\$5.00
Vego Quesadilla (Mushrooms, sweet potato, cheese, shallots, baby spinach)	\$5.00
Chicken Sub (Chicken strips X 2, cheese and bbq sauce on a hot dog roll)	\$6.00

Cold Food

Sushi Bowl (Sushi Rice, tuna, chicken or vegetarian, lettuce, carrot, sesame seeds, cucumber, avocado & kewpie mayo)	Vego Small \$3.50 Large \$6.00 Chicken or Tuna Small \$4.50 Large \$7.00
Beth's Super Food Vegan Salad (Baby spinach, carrot, Chia seeds, sunflower seeds, corn, beetroot, sesame seeds, tomato, cucumber, pineapple & sweet chilli sauce)	SML \$3.50 LG \$5.50

CC Salad Box (Lettuce, tomato, beetroot, cucumber, carrot, egg, pineapple, cheese)	\$4.50
Caesar Salad	Small \$3.50 Large \$6.00
Add Chicken or Ham	\$1.00

Sandwiches/ Wraps

Chicken Caesar Wrap	\$6.00
Rice Paper Rolls (2 X Chicken, lettuce, carrot, coriander, mint, rice noodle, hoisin)	\$5.00
CC Chicken, lettuce mayo	\$4.00
Salad	\$4.00
Ham	\$3.50
CC Ham & Cheese	\$4.00

CC Ham, cheese, tomato	\$4.50
CC Honey, vegemite or Jam	\$2.00
CC Cheese	\$2.50
CC Tuna, lettuce, mayo	\$4.00
CC Chicken & salad	\$5.00
CC Egg & Lettuce	\$3.50

Snacks

Vegemite or Pizza Scroll	\$2.00
Gluten Free Mini Muffin	\$2.00
Gluten, dairy, soy, egg free banana and vanilla bean muffin	\$3.50
CC Gluten, dairy, soy free brownie	\$2.00
CC Pikelets	\$1.20
CC Banana Bread	\$1.20
CC Berry Muffin	\$2.00
Boiled Egg (Peeled)	\$1.00
Corn on the cob	\$1.00
CC Yoghurt Cup Crunch (Homemade Granola)	\$3.00
Cheese Stick	\$1.00
Popcorn	\$1.00
Fruit (seasonal)	\$1.00
Apple Crumble Cups (Pie apples, low fat custard & homemade crumble)	\$2.50
Drinks	
Milk Popper (Chocolate or Strawberry)	\$2.00
300ml Flavoured Milk	

(Chocolate or Strawberry)	\$2.60
Popper (Tropical or Apple)	\$2.00
Water 600ml	\$2.00
Juice	\$2.50

Ice Blocks

Paddle Pop (Rainbow or Chocolate)	\$1.70
Frozen Yoghurt	\$2.20
Licks - Pink lemonade 99% Sugar free	\$1.40
Icy pole	\$1.00
Calippo	\$1.20
Streets Vanilla Cup	\$1.20

Hot Drinks –Available Monday, Wednesday & Friday
7:30am onward



Daily Specials

Monday

Nuggets, Cookie & Popper  \$6.00

Tuesday

Sushi \$3.50

Wednesday

Nuggets, Cookie & Popper  \$6.00

Thursday

Pasta Bolognese & Fruit Popper \$6.50

Friday

Traveller Meat Pie, Fruit, Cookie & Popper  \$7.50

Sausage Roll, Fruit, Cookie & Popper \$7.00

Hot Dog, Fruit, Cookie & Popper \$7.00

**WATCH MUNCH MONITOR FOR
WEEKLY SPECIALS**

##PLEASE KEEP YOUR LUNCH BAG AND RETURN TO THE TUCKSHOP TO COLLECT YOUR FROZEN ITEM

Open Monday to Friday, order before 8:30 am each day or you can order up to 4 weeks in advance.

Tuckshop is cashless all orders are to go through www.munchmonitor.com, an electronic device will be available at the tuckshop to place online orders. Tuck shop tags available for pickup at café, be sure to set your child's snack limits!

Our school login details are;
SCHOOL ID: **yarrabilbass**
PASSWORD: **munch4207**

Please call Kim at Café Crunch if you can spare an hour here and there to volunteer in Café Crunch 07 56707333
Or email cafecrunch@yarrabilbass.eq.edu.au

Volunteer induction must be completed prior to volunteering, and current blue card (we can help you with this)

Menu may change without notice